

Table 19.20 from (1972AJ02):  
States of  $^{19}\text{F}$  from  $^{20}\text{Ne}(t, \alpha)^{19}\text{F}$  (1961SI03)

$E_x$ (MeV $\pm$ keV)	$E_x$ (MeV $\pm$ keV)
$2.794 \pm 15$	$5.481 \pm 15$
$3.917 \pm 15$	$5.539 \pm 15$
$4.032 \pm 15$	$5.628 \pm 15$
$4.385 \pm 15$	$5.937 \pm 20$
$4.563 \pm 15$	$6.092 \pm 15$
$(4.690 \pm 40)$	$6.169 \pm 30$
$5.102 \pm 15$	$6.247 \pm 25$
$5.343 \pm 15$	$6.501 \pm 25$