

Energy Levels of ${}^7\text{H}$ from ENSDF (unpublished, April 2016)

E_x (MeV \pm keV)	$J^\pi; T$	Γ (keV)	Decay
g.s.	$(\frac{1}{2}^+)$	90^{+94}_{-6}	(4n) or (${}^4\text{n}$)