

Table 7.3 from (52AJ38):
 $^{10}\text{B}(p, \alpha)^7\text{Be}$ energy of first excited state

ΔQ (keV)	Reference	Method
434 ± 4	(BR51A)	α 's, magnetic spectrometer
431 ± 5	(VA50)	α 's, magnetic spectrometer
430 ± 3	(CR52C)	α 's, electrostatic spectrometer
428.5 ± 1.8	(TH52)	γ 's, corr. for Doppler effect ^a
432 ± 2	(DA52A)	γ 's, scintillation spectrometer

^a 429.8 ± 1.5 uncorrected.