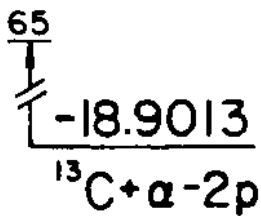
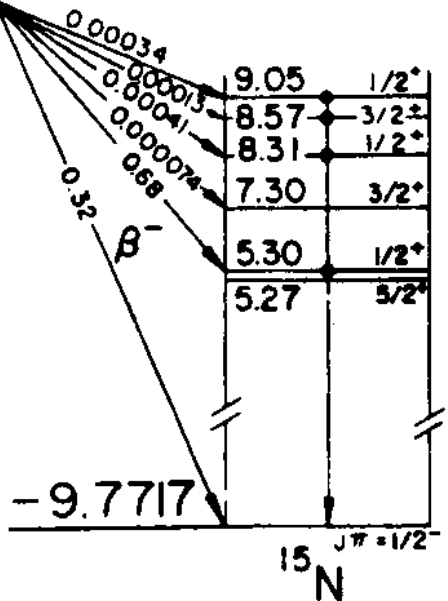


${}^{15}\text{C}$
 $J^\pi = 1/2^+$
 $T = 3/2$



980

${}^{15}\text{N}$
 $J^\pi = 1/2^+$