Table 6.1 from (1966LA04): Energy levels of $^6$He

<table>
<thead>
<tr>
<th>$E_x$ (MeV ± keV)</th>
<th>$J^\pi; T$</th>
<th>$\Gamma$ (keV)</th>
<th>Decay</th>
<th>Reactions</th>
</tr>
</thead>
<tbody>
<tr>
<td>g.s.</td>
<td>$0^+; 1$</td>
<td>$113 \pm 20$</td>
<td>$\beta^-$</td>
<td>1, 5, 7, 8, 9, 10, 11, 12</td>
</tr>
<tr>
<td>1.797 ± 25</td>
<td>$(2)^+$</td>
<td></td>
<td>$n$</td>
<td>9, 10, 11, 12</td>
</tr>
<tr>
<td>($\approx 15$)</td>
<td>$(1^-, 2^-)$</td>
<td></td>
<td></td>
<td>9</td>
</tr>
<tr>
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</tbody>
</table>